

Shri Surya Chalisa

॥ Doha ॥

Kanak badan kundal makar, mukta mala ang.
Padmasan sthit dhyaiye, shankh chakra ke sang.

॥ Chaupai ॥

Jai Savita Jai Jayati Divakar, Sahasranshu Saptashwa Timirhar.
Bhanu, Patang, Marichi, Bhaskar, Savita, Hans, Sunur, Vibhakar.

Vivaswan, Aditya, Vikartan, Martand, Harirup, Virochan.
Ambaramani, Khag, Ravi kahlaate, Ved Hiranyagarbh kah gaate.

Sahasranshu, Pradyotan, kahi kahi, Munigan hot prasann modalahi.
Arun sadrish sarathi manohar, hankat hay sata chadhi rath par.

Mandal ki mahima ati nyari, tej rup keri balihari.
Uchchaihshrava sadrish hay jote, dekhi Purandar lajjit hote.

Mitra, Marichi, Bhanu, Arun, Bhaskar, Savita,
Surya, Ark, Khag, Kalihar, Pusha, Ravi.
Aditya, naam lai, Hiranyagarbhaya Namah kahikai.

Dwadash naam prem so gaavein, mastak barah baar navaavein.
Char padarath so jan paave, dukh daridra agh punj nasaave.

Namaskar ko chamatkar yah, vidhi Harihar kau kripasaar yah.
Sevai Bhanu tumhin man laai, ashta siddhi navanidhi tehin paai.

Barah naam uchcharan karte, sahas janam ke paatak tarte.
Upakhyan jo karte tavajan, ripu son jamalhते sotehi chhan.

Chhan sut jut parivar badhatu hai, prabal moh ko phand katatu hai.
Ark sheesh ki raksha karte, Ravi lalaat par nitya biharte.

Surya netra par nitya viraajat, Karn desh par Dinakar chhaajat.
Bhanu naasika vaas karahu nit, Bhaskar karat sada mukh kau hit.

Oth rahain Parjanya hamaare, rasna beech tikshna bas pyare.
Kanth suvarn ret ki shobha, Tigmtejasah kandhe lobha.

Pusha baahu Mitra peethahin par, Tvashta-Varun raham Suushnakar.
Yugal haath par raksha kaaran, Bhanuman urasarmam suudarachan.

Basat naabhi Aditya manohar, kati mahan Hans, rahat man mudbhar.
Jangha Gopati, Savita baasa, gupt Divakar karat hulaasa.

Vivaswan pad ki rakhwari, baahar baste nit tam haari.
Sahasranshu, sarvaang samhaare, raksha kavach vichitra vichaare.

As jojjan apne na maahin, bhay jag beej karahun tehi naahin.
Daridra kusht tehin kabahun na vyaapai, jojan yako man mahan jaapai.

Andhkaar jag ka jo harta, nav prakash se aanand bharta.
Grah gan grasi na mitaavat jaahi, koti baar main pranavau taahi.

Mand sadrish sut jag mein jaake, Dharmaraj sam adbhut baanke.
Dhanya-dhanya tum Dinmani Deva, kiya karat surmuni nar seva.

Bhakti bhaav-yut poorn niyam son, door hatat so bhav ke bhram son.
Param dhanya so nar tanu dhaari, hain prasann jehi par tam haari.

Arun Magh mahan Surya Phalgun, Madh Vedangnaam Ravi uday.
Bhanu uday Vaisakh ginaavai, Jyeshtha Indra Aashaadh Ravi gaavai.

Yam Bhaadon Ashwin Himreta, Kartik hot Divakar neta.
Agahan bhinn Vishnu hain Poosahin, Purush naam Ravi hain Malmaasahin.

॥ Doha ॥

Bhanu Chalisa prem yut, gaavahin je nar nitya.
Sukh sampatti lahai vividha, honhi sada kritakritya.

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